



## A Look Back at...October 2024

### Athletics

#### Athletes of the Month

Our Middle School athlete of the month is Addison Gray.



We asked Addy how she gets hyped up before her games, and she said listening to music and talking about the game with her friends helps her get ready. Her favorite aspect of volleyball is the teamwork that comes with it, and her favorite post game drink is water or Gatorade.

Our JV athlete of the month is Lily Hilton.

She has been playing volleyball for five years.



Her favorite thing about playing volleyball is not only being able to constantly be improving on things that she needs to work on, but being able to teach and help other players.

Lily says she likes to play at our home gym more than anywhere else.

#### Welcome, Mr. Borg!

Mr. Borg is Legacy's new athletic director.

When asked about his new job with us and how he found out about us, he said, "Coach Ronnie Combs retired and offered me his job.". Mr. Borg's first impression of the school is that the gymnasium is awesome. He says that he is looking forward to summer. We also asked him what is one thing he would like to improve here at LCA, and he stated,"Communication

between the athletic department and the athletes' parents.'".

We are very excited to have Mr. Borg with us this year!

#### Pink Out

On October 18th, we had our Pink Out game.

Everyone wore pink to show their support for Breast Cancer Awareness. The middle



school girls scrimmaged each other, and they had fun. The JV



girls won their game against Dominion Ridge. Our girls even had pink jerseys to show their support. We appreciate all the



support for this cause!

### **Volleyball Season Ending**

The JV and MS volleyball teams' seasons have now ended, and we'd like to give them a shout out for a great season! The



JV ended with an 8-4 record, and the MS ended with a 6-6 record.

We interviewed

Mrs. Hilton and Mrs. Neiman about the JV volleyball season. Mrs. Hilton said, "The girls did great and they have extremely young talent, but they are very talented and will be a force to be reckoned with if they stick together." Mrs. Neiman said, "I enjoyed watching the growth that took place with the team this year, as they worked through their youth and inexperience. I hope that as they continue to play the sport, they will grow in confidence and see the ability within themselves that I see." We also interviewed Ms. Gray and Ms. Powell. Ms. Gray said, "The girls improved

greatly from the very beginning of the season till now and they should be proud of how they played and we will miss our 8th graders." Ms. Powell said, "It was a really great season and they really improved by the end of the season. They finished as a really good team and we will miss our 8th graders." We are all looking forward to seeing them play next season.



### **Highlights**

#### **Mr. Allanson Shared Stories from Africa!**

Mr. Allanson and a group of Staffuly went to Uganda for a mission trip this summer, so Mrs. Jayne invited him to share stories that he brought back from Africa with the 1st



Grade in the library! He showed the students pictures of animals he had seen on the Safari in Africa

and also a picture of Ms. Gray with monkeys and Mrs. Toler with a giraffe! He talked about the different animals that they encountered and how these animals are as common to the people of Uganda as squirrels and deer are to us. The kids enjoyed what he read, and they held a stuffed animal friend while he read. He brought books back from Africa so that our kids could learn about the animals there! Mr. Allanson said, "These kids were great to read and talk with!" He loves our kids!

#### **TGIFridays Spirit Night**

On October 3rd, Mrs. Ryan set up a spirit night event at TGI Fridays to help raise money for the school.

There was an organization called GroupRaise, and they provide a list of restaurants in our area who participate in Spirit Nights. TGIFridays is on this list, and they give 20% of sales back to the school.

We had a great time! We had a wonderful turnout and everyone enjoyed food

and fellowship. We also had a balloon animal artist attend, which was a huge hit! His name is Mike and he takes donations for the balloon animals to donate to disabled veterans.

The main purpose of the event was to raise money for our school and also to provide an opportunity for families to get together.

At TGI Fridays we earned \$297 for the school

### **Custodian Appreciation Day**

October 2nd was Custodian Appreciation Day, so we wanted to show how much we appreciate what Mr. Frost does for this school. We collected some donations so that we could get gift cards for him. We are so grateful for all that he does for our school each day!

### **Fall Festival and Chili Cook Off**

The fall festival was hosted in our gym on October 12th. This event was set up by Tori Beegle and Jaclyn Ryan. At the Fall Festival, we earned Approximately

\$1,500 dollars. Everyone seemed to really enjoy it. Guests liked tasting the chili entries.

All of the families enjoyed the opportunity to get together at school on a beautiful day and participate in a variety of activities. The kids' favorite activities were the bouncy house, face painting, hayride, and watching Scooby Doo. We're so grateful to all of our volunteers and sponsors who helped make the event a success. The fall festival went well and we had several community members attend, as well. It was great to see support from others outside of our LCA family. We're always excited to welcome new faces to LCA.



### **Student Editorial**

Mr. Allanson's 11th and 12th Grade English class wrote editorials on the Israel-Palestine War. Below is an editorial from

our very own D'Anna Jones from 11th Grade.

### **“Israel Palestine War Editorial“**

**By D'Anna Jones**

On October 7, 2023, the Israel-Hamas war began, between Israel and the Palestinian people in the Gaza Strip. Hamas launched a land, sea, and air assault on Israel from the Gaza Strip. The attack resulted in 1,200 deaths, mostly Israeli citizens, with many more deaths to come. There were 240 others taken into the Gaza Strip as hostages. Many were taken from their homes and some from the music festival. The hostages were normal people, some were Israelis, some were Americans, some of them were families, elderly, and children. This was the deadliest day in Israel since its independence in 1948. The question is, has Israel gone too far? (Britannica.)

In recent days, more controversy has come up about Israel since the recent attacks they have been inflicting on

Palestine and Lebanon. One of Israel's attacks came when they made Hamas Terrorist's pages blow up. A spy planted a small amount of explosives inside 5,000 Taiwan-made pagers. The operation was an unprecedented Hezbollah security breach. The operation killed nine people and wounded nearly 3,000 others, including the group's leaders, fighters, and even one of Iran's envoys to Beirut. The attack came after Iran sent over 100 missiles into Israel. Another attack from Iran happened on the 1<sup>st</sup> of October when they launched almost 200 ballistic missiles into Israel. The US and Israel shot them down with very little damage and only one person was killed, a Palestinian. (The Jerusalem Post.)

So, the question remains: has Israel gone too far when it comes to this war? No, they haven't, war is war. War is a sad truth that humans create too often, we have seen it time and time again, with all the wars that happened

throughout history. Because our natural state is sin, it's not surprising that we use war to solve conflicts or to get the resources that we want. For example, how the Palestinians wish to get Israel's land back for themselves. The Palestinians think Israel belongs to them and no Jews should be allowed to live in that area. Israel is defending itself from constant attacks from multiple countries and different terrorist organizations. War is a horrible thing that we shouldn't joke about because governments start the war, not the people who live in that country. However, Hamas has done more horrible things to the people of Israel than what Israel has done to anyone. Hamas has killed, kidnapped, tortured, enslaved, and will do more awful things as time goes on if they are not stopped. (The Jerusalem Post.)

In conclusion, what Hamas has been doing is cruel. This war against Israel and Palestine has resulted in many deaths

and many tears for the families that are sadly involved in this war. Hamas launched the attacks, the hostage-taking, and so many more horrors that Hamas did and will do in the future. The things that Israel has done are actions that any other country would have done, they are simply defending themselves. It is cruel that this war is happening in the first place. No one in the world wants war to happen. So, Israel hasn't gone too far, they are protecting their country which is rightfully theirs. (The Jerusalem Post.) (Britannica.)

Citations:

Encyclopedia Britannica, inc. (2024, October 11). *Israel-hamas war*. Encyclopedia Britannica. <https://www.britannica.com/event/Israel-Hamas-War>

Klajman, D. (2024, October 10). *Once and for all: Never again - opinion*. The Jerusalem Post | JPost.com.



<https://www.jpost.com/opinion/article-823983>

## Happy Halloween!



This Halloween was pretty enjoyable! Many students and Staffuly dressed up

to celebrate. Our elementary students even got to go trick or treating! The kids went from classroom to classroom asking for



candy! The students loved this event!



## Elementary Highlights

### Clubs

We have quite a few different clubs taking place in the afternoons in

elementary, so we wanted to highlight a few of them!

### Community Changers

It has been fun and a little busy getting settled into a good routine. We are settling into a somewhat regular schedule, with speakers sprinkled throughout our calendar.

We have speakers come in from various community organizations, and we have various community helpers speak to our group as well. We are getting ready to have a hats/gloves drive in early November. We have "Homework Help" on Tuesdays and Thursdays, where either one of the teachers or oldest students help the younger students with their homework. It's a practical way we can serve one another in our small community.

It was Mrs. Toler's idea to get this club started, and she has given us some great ideas about what we can do in our club moving forward.

We love having people come and share about what they do, so spread the word. We also

want to practically help our school and greater communities, so feel free to let us know what we can do, if an idea or need arises that we may be able to help with or contribute to.

### Puppets

It has been going surprisingly well so far! The students are actively learning their roles. We are currently practicing reading from scripts from the wall - not flipping pages. We are working on finding a place to have the stage set up all the time so we can practice raising hands up for puppets to be seen. We are on task to do the performance on Nov. 18 at chapel.

We learned hand gestures, selected our play and then our puppets. We have been tweaking the script for student needs. We are on the final stages of script and deciding on their cues.

Mrs. Delawder stated, "I feel it is a great opportunity for them to learn to use voice expressions - working cooperatively, learning limits, etc. It is also great

entertainment for people of all ages.”

With the next group of students, she plans for them to do a play in March for chapel. Her final group will maybe visit a nursing home or maybe perform some other time than chapel because there are no chapel times for them to use.

### **Running Club**

It is going so well! Our girls are getting faster and stronger with each passing week.

On Monday, Wednesday, and Friday we exercise. We do anything from running relays outside to doing circuit drills in the gym. On Tuesdays and Thursdays, we discuss healthy eating, foods worldwide, and other healthy lifestyle tips!

Mrs. Metz stated, “When I was in elementary school, I was in a running club and I enjoyed my time greatly! It was a time to be active with my teachers and classmates while learning healthy tips on how to take care of our temples. “

### **Math Magical Minds**

In Math Magical Minds, they do mathy stuff...You know...like building with multipliers, swimming with dive-ision, and making atheists cringe when we talk about Higher Powers.

Stay tuned to hear about more of our clubs and what they are up to!

### **Great Country Farms:**

On October 16, 2nd and 3rd grade took a field trip to Great Country Farms. The orange bouncy pillows were the biggest hit, but the 2nd graders also loved pretending like they were on American Ninja Warriors as they did the obstacle course, and Mrs. Richardson was really impressed they could maneuver through it so well.

She takes her family there each year, and she has also taken previous classes there. They do a good job with the pumpkin and apple education portion of the trip. They also let the kids take a pumpkin and ride the hay ride out to it. The bouncy pillows and the huge slides are

fantastic, and every Virginia kid should go to this type of farm and pumpkin patch at least once a year. If you go with your family or class, make sure to go early as many schools know about it now and it gets really busy as the day goes on. Also, a special thank you to all nine parents that chaperoned, and Mr. Allanson who took time out of his busy day to drive us and then wait there for us all day. He also played Disney music for the kids on the way back by their request, and they loved that!

### **Mrs. Richardson’s Class Pets**

The students can get small eraser animals such as dogs, cats, hamsters, giraffes, and horses, etc. Students earn 4 beans every day, and the kids can lose beans for interrupting during class when the red light (no talking) is on. These students can also lose beans for bad choices outside the classroom. For every bean, they get a penny and they can use their money to buy things in the desk pet shop for

their pets. These pets are like little erasers. They can buy things such as pizza, cupcakes, pet beds, and holiday related items with the money. Every week students receive their pet during their adoption day, and they earn money for the extra food and toys for their pet. If students play with their pets during class time, they have to go to the "vet" and they get them back the next day.

### 4th Grade Elections

Mrs. Lancaster's 4th grade class just held their primary and now two candidates are working with their campaign committees to go head-to-head in the 4th Grade Class President Election. There's also an election committee and a



media crew. A really fun way to learn about elections!

They will vote on Monday! They are having our Q&A

to establish why the candidates are running and what their plan is for being president of 4th Grade.

Annalee Strosnider and J.P. Lindsay are the two candidates!

The Media Committee consists of Kensi, Rosalie, Elijah

The Election Committee consists of Matthew, Penny, David, and Luke

The Campaign Committee for Annalee are Carly, Lexi, Anna, Hartley, and Harlynn

The Campaign Committee for J.P. are Eldon, Zoe, Mark, Anna, Matthew

Each student will have a ballot to complete.

Some of the students stated the following about the elections: "I think both candidates would make a great community for our classroom and would help our classroom to thrive," stated Rosalie. "I think both candidates are great!" said Charlie, and Penny said, "This project has been the best project I have ever done!"

### Mrs. Delawder Reads

Mrs. Delawder read her book, *Grandma Remembers Apple Butter*, in the library last week. She also shared some fresh Apple butter with Mrs Bittel's K5 class!



Some of the students had heard of apple butter before, but for some it was brand new! Mrs. Delawder even shared the process of making apple butter with them. The students really enjoyed the experience.

### Upper School

#### House Games

For our October house



game, we played a game called "Ruckus". The game is a combination of soccer

and basketball.

It was very well received by everyone who participated, and everyone gave



great effort. The final results are listed below:

First Place–Virtue  
Second Place–Loyalty  
Third Place–Passion  
Fourth Place–Strength  
Fifth Place–Courage  
Sixth–Honesty

### **Legacy Leaders, The Starting Line**

During the summer, Mrs. Street and myself started working with Mrs. Nieman to be a support in the area of House Teams/Student Body Government and developing leadership qualities and thinking, within LCA students as a whole. (If by chance you have a question about what house teams are, I encourage you to go to our website. Look under the “Student Life” tab, and click on “Student Leadership”. Here you will find information about our House Teams.)

We started out wanting to create video content for them that would play each Monday labeled “Legacy Leaders”. I was going to be editing the video. There was a shift in my schedule that allowed me to teach

art this year, in addition to my other classes. It gave me classes with 6th graders through 12th graders. Now Monday's unique schedule has given me the opportunity to discuss “Legacy Leaders” topics in person with each of the students in class.

Acknowledging we had a rough start getting into a vein of consistency, September was a month to discuss “Communication”. In October, we finished up discussing “Stewardship”. The overall response from students has been encouraging. The goal has been to help them think beyond surface level.

With “Communication” as a topic we did discuss the ability to send and receive information with understanding being had by both parties. We also took a deeper dive focusing on knowing our audience. Whether we are speaking to a crowd or speaking one on one with a parent at home, friend or teacher, at school, do we know our audience in such a way our communication is effective with them?

Furthermore, we focused on “Listening” as a skill to sharpen. When asking classes why listening was important they gave familiar sounding responses like, “Listening helps us know instructions.” or “Listening helps us know what is going on.” I cannot disagree with that, however, the point of Legacy Leaders is to offer skills and understanding they can take into life beyond upper school. Listening is a skill that requires selflessness on some level. When someone listens to us it is a sign of their investment in us. It builds trust. Anybody can talk. Not everyone listens. When someone listens to us it builds relationships. The listeners in our lives are those invested in us. It is a great trait to know when building relationships now and in the future. On the other hand, are we investing in others by being good listeners for them?

In October we endeavored to talk about “Stewardship” in Legacy Leadership on Mondays.



The low hanging fruit is stewarding time, lockers and even stewarding belongings properly so that they do not end up in the lost and found. While those things are important there are deeper things to steward. For instance, each class was asked, "What is your influence when you walk into a room?" We allowed other classmates to talk about the influence individuals bring into a classroom. On the overall it was impressive and encouraging for many students to hear what others perceived about their influence.

We challenged them on a topic of leading themselves well. When asked why it was important there were predictive answers given such as, "It helps us with self-control." pointing to classroom scenarios. Self control is great, especially in a classroom setting, however, we wanted to talk to them about stewarding the value of what God has given them by leading themselves well. The reality is most leaders are worth following because of the goals or vision they

carry. How can we lead ourselves well without goals for our individual lives? There was a challenge given to students to set day to day goals and long term goals. When students lead themselves well it is easier in the classroom for sure. However, they need to see the value of who they are when leading themselves takes them beyond their present moment in the classroom, helping them reap God's promise in the future. Too often we live from high to high or low to low and then lose the value of the little seeds of discipline we choose that may seem mundane now, but reap a harvest a year or five years from now.

Legacy Leaders are up and moving at LCA in upper school. Our hope is that whether they carry a title of leadership or not, each one of them is left building a legacy in the center of the Lord's plans for them.

Blessings,

Mr. Frost

